

We've Listened to You with New Items

September 15th and 29th- New Side Item Flavors

September 21st and 27th- New Fresh Fruit Items

Farm-to-School

We Buy Local Produce!

- Illinois- Apple Crunch Day- Alto Pass
- Michigan- Apples from Sparta, Broccoli from Flat Rock, Carrots from Benton Harbor and Grant, Cucumber from Flat Rock, Celery from Wayland, Applesauce and Sliced Apples from Peterson

01

Cheerios

Chocolate Bear Grahams
Craisins
Fresh Pear

04

Labor Day

05

Blueberry Muffin

String Cheese
Craisins
Fruit Juice

06

Golden Grahams Cereal

Animal Crackers
Fresh Apple
Grape Juice

07

Fruity Bar

String Cheese
Diced Peaches
Fresh Orange

08

Apple Jacks Cereal

Jungle Crackers
Peach Applesauce
Craisins

11

Trix Cereal Bar

String Cheese
Grape Juice
Fresh Orange

12

Banana Muffin

Strawberry Yogurt
Diced Peaches
Apple Juice

13

Froot Loop Cereal

String Cheese
Fresh Apple
Fruit Juice

14

Cinnamon Chex Cereal

Animal Crackers
Strawberry Applesauce
Grape Juice

15

Apple Cinnamon Muffin

Vanilla Yogurt
New! Mixed Berry Applesauce
Fresh Orange

18

Frosted Strawberry Poptart

String Cheese
Diced Peaches
Fruit Juice

19

Cinnamon Toast Crunch Cereal

Animal Crackers
Craisins
Orange Juice

20

Chocolate Chip Muffin

Cinnamon Applesauce
Grape Juice

21

Trix Cereal Bar

Strawberry Banana Yogurt
Fresh Banana
Apple Juice

22

Rice Krispies Cereal

Animal Crackers
Craisins
Fresh Orange

25

Cinnamon Dazzle Ultimate Breakfast Round

Peach Applesauce
Apple Juice

26

Trix Cereal Bar

Vanilla Yogurt
Diced Pears
Craisins

27

Banana Muffin

Fresh Clementine
Apple Juice

28

Bagel

Cream Cheese
Diced Peaches
Fresh Apple

29

Banana Chocolate Bar

New! Peach-Mango Applesauce
Fresh Orange

Did you know...?

Menu Subject to Change

- We only use heart healthy whole grain breads, pastas, and rolls.
- Milk Contains no artificial growth hormones or antibiotics.
- Milk is available with all meals.
- All Juice is 100% Fruit Juice
- *Item Contains Pork +Item Does Not Contain Meat
- ^Item Contains Fish
- Nutrition and Allergen Information available at: <http://www/fspro.com/nutrition.html>

Health & Wellness Message – Breakfast Buzz

Start the new school year off right by joining us for breakfast every day. Did you know that eating school breakfast can help you get good grades and higher test scores?