

Returning
Apple Slices,
Banana's and
Fresh
Clementine's

Farm-to-School

We Buy Local Produce!

- Illinois- Apple Crunch Day- Alto Pass
- Michigan- Apples from Sparta, Broccoli from Flat Rock, Carrots from Benton Harbor and Grant, Cucumber from Flat Rock, Celery from Wayland, Applesauce and Sliced Apples from Peterson

01 **New!**
Pepperoni Pizza
Cheez-Its

Fresh Broccoli
Steamed Carrots
Fresh Apple
Orange Juice

04
Labor Day

05
Mini Maple Pancakes
Poultry Sausage

Tater Tots / Ketchup
Fresh Baby Carrots/
Ranch Dressing
Applesauce
Fruit Juice

06
Cheese Pizza+
Animal Crackers

Sweet Golden Corn
Red Pepper Slices
Fresh Apple Slices
Grape Juice

07
Breaded Chicken Sandwich
BBQ Sauce

Black Charro Beans
Fresh Broccoli
Craisins
Orange Juice

08
Hot Dog
Ketchup / Mustard

Tossed Salad / French Dressing
French Fries / Ketchup
Fresh Orange
Apple Juice

11 **New!**
Sloppy Joe

French Fries / Ketchup
Fresh Baby Carrots
Cinnamon Applesauce
Apple Juice

12
Cheese Pizza+

Three Bean Salad
Steamed Carrots
Fruit Juice
Diced Peaches

13
Nacho Combo

Brown Rice
Tossed Salad / Italian Dressing
Sweet Golden Corn
Fresh Pear
Grape Juice

14
Spaghetti & Meatballs

Steamed Broccoli
Fresh Cherry Tomatoes
Fresh Apple
Grape Juice
Scooby Doo Crackers

15
Breaded Chicken Sandwich
BBQ Sauce

Tater Tots / Ketchup
Fresh Celery Sticks
Peach Applesauce
Fruit Juice

18
Chicken Soft Tacos w/ Mexican Rice
Taco Sauce

Sweet Golden Corn
Carrot Coins
Fresh Banana
Apple Juice

19
Maple Mini Waffles
Poultry Sausage

Tater Tots / Ketchup
Fresh Baby Carrots
New! Peach-Mango
Applesauce
Orange Juice

20
Cheese Pizza+

Pretzel Goldfish Crackers
Fresh Broccoli
Green Peas
Fresh Orange
Grape Juice

21
Chicken Tenders
Dinner Roll / BBQ Sauce

BBQ Black Beans
Fresh Cherry Tomatoes
Fresh Apple
Fruit Juice

22 **New!**
Salisbury Steak w/ Noodles & Gravy

New! Mashed Potatoes
Tossed Salad / French Dressing
Apple Juice
Fresh Pear

25
Beef Soft Tacos
Taco Sauce

Cilantro Lime Rice
Black Beans
Fresh Cherry Tomatoes
Craisins
Grape Juice

26
Pizza Dippers+
Marinara Sauce

Sweet Golden Corn
Fresh Baby Carrots
Strawberry Applesauce
Orange Juice

27
Cheeseburger
Ketchup / Mustard

Garden Salsa SunChips
French Fries / Ketchup
Fresh Broccoli
Fresh Orange
Fruit Juice

28 **New!**
Chicken Penne Pasta w/ Tomato Cream Sauce
Dinner Roll

Tossed Salad / French Dressing
Green Peas
Fresh Clementine
Apple Juice

29
Chicken Sliders
BBQ Sauce

Sweet Golden Corn
Carrot Coins
Fresh Apple
Orange Juice

Did you know...?

Menu Subject to Change

- We only use heart healthy whole grain breads, pastas, and rolls.
- Milk contains no artificial growth hormones or antibiotics.
- Milk is available with all meals.
- All Juice is 100% Fruit Juice
- *Item Contains Pork +Item Does Not Contain Meat
- ^Item Contains Fish
- Nutrition and Allergen Information available at: <http://www/fspro.com/nutrition.html>

We've Listened to You with New Items and Returning Items

- September 1st and 11th – New Entrée
- September 14th – Added a Dessert with Lunch
- September 19th – New Side Item Flavor
- September 22nd – New Entrée and Side Item