

After School Snacks w/Milk

Mon - 04/02/2018	Portion Size	Cals	Mg Sodm	G Protn	G Carb	G T-Fat	G S-Fat
BRD: BAR, BtyCr ChocChip MILK SS, 1% White 8oz	1 Each Carton	150 100	105 120	2.00 8.00	24.00 11.00	5.00 2.50	1.00 1.50
Tue - 04/03/2018	Portion Size	Cals	Mg Sodm	G Protn	G Carb	G T-Fat	G S-Fat
BRD: CRACK SS, GFishChd JUICE SS, Apple 100% 6oz	Package 1 Each	100 80	170 20	3.00 0.00	14.00 20.00	3.50 0.00	1.00 0.00
Wed - 04/04/2018	Portion Size	Cals	Mg Sodm	G Protn	G Carb	G T-Fat	G S-Fat
BRD: CRACK SS, Lil' Squar MILK SS, 1% White 8oz	Package Carton	130 100	150 120	2.00 8.00	24.00 11.00	3.00 2.50	0.00 1.50
Thu - 04/05/2018	Portion Size	Cals	Mg Sodm	G Protn	G Carb	G T-Fat	G S-Fat
BRD: CRACK SS, GFishPrtz JUICE SS, Frt Bld 100% 6oz	Package 1 Each	90 90	200 20	2.00 0.00	16.00 21.00	1.50 0.00	0.00 0.00
Fri - 04/06/2018	Portion Size	Cals	Mg Sodm	G Protn	G Carb	G T-Fat	G S-Fat
BRD: BAR, NutriGr ApCin1.3 MILK SS, 1% White 8oz	1 Each Carton	120 100	110 120	2.00 8.00	24.00 11.00	3.00 2.50	0.50 1.50
Mon - 04/09/2018	Portion Size	Cals	Mg Sodm	G Protn	G Carb	G T-Fat	G S-Fat
BRD: CRACK SS, Animal W MILK SS, 1% White 8oz	Package Carton	130 100	110 120	2.00 8.00	21.00 11.00	4.00 2.50	1.00 1.50
Tue - 04/10/2018	Portion Size	Cals	Mg Sodm	G Protn	G Carb	G T-Fat	G S-Fat
BRD: CRACK SS, Chz-It W JUICE SS, Apple 100% 6oz	Package 1 Each	100 80	150 20	2.00 0.00	14.00 20.00	3.50 0.00	1.00 0.00
Wed - 04/11/2018	Portion Size	Cals	Mg Sodm	G Protn	G Carb	G T-Fat	G S-Fat
BRD: CRACK SS, Bear Grh MILK SS, 1% White 8oz	Package Carton	120 100	85 120	2.00 8.00	20.00 11.00	4.00 2.50	0.00 1.50
Thu - 04/12/2018	Portion Size	Cals	Mg Sodm	G Protn	G Carb	G T-Fat	G S-Fat
BRD: MUF AP, Blueb 2ozW MILK SS, 1% White 8oz	Muffin Carton	190 100	130 120	3.00 8.00	31.00 11.00	6.00 2.50	2.00 1.50
Fri - 04/13/2018	Portion Size	Cals	Mg Sodm	G Protn	G Carb	G T-Fat	G S-Fat
BRD: BAR, Cereal FrtyCh W FRUIT: PEARS 100ct Whole	1 Each Each(100ct)	150 101	105 2	2.00 0.64	30.00 26.96	3.00 0.25	0.50 0.04
Mon - 04/16/2018	Portion Size	Cals	Mg Sodm	G Protn	G Carb	G T-Fat	G S-Fat
BRD: CRACK SS, GFishChd JUICE SS, Apple 100% 6oz	Package 1 Each	100 80	170 20	3.00 0.00	14.00 20.00	3.50 0.00	1.00 0.00
Tue - 04/17/2018	Portion Size	Cals	Mg Sodm	G Protn	G Carb	G T-Fat	G S-Fat
BRD: CRACK SS, Animal W MILK SS, 1% White 8oz	Package Carton	130 100	110 120	2.00 8.00	21.00 11.00	4.00 2.50	1.00 1.50
Wed - 04/18/2018	Portion Size	Cals	Mg Sodm	G Protn	G Carb	G T-Fat	G S-Fat
BRD: CRACK SS, Chz-It W JUICE SS, Frt Bld 100% 6oz	Package 1 Each	100 90	150 20	2.00 0.00	14.00 21.00	3.50 0.00	1.00 0.00

Thu - 04/19/2018	Portion Size	Cals	Mg Sodm	G Protn	G Carb	G T-Fat	G S-Fat
CHEESE, MZ String LF 1ea	Stick	60	210	8.00	1.00	2.50	2.00
MILK SS, 1% White 8oz	Carton	100	120	8.00	11.00	2.50	1.50
Fri - 04/20/2018	Portion Size	Cals	Mg Sodm	G Protn	G Carb	G T-Fat	G S-Fat
BRD: CRACK SS, ScoobyDo	Package	120	115	2.00	21.00	3.50	1.00
MILK SS, 1% White 8oz	Carton	100	120	8.00	11.00	2.50	1.50
Mon - 04/23/2018	Portion Size	Cals	Mg Sodm	G Protn	G Carb	G T-Fat	G S-Fat
BRD: CRACK SS, Jungle W	Package	130	95	2.00	20.00	4.00	0.00
MILK SS, 1% White 8oz	Carton	100	120	8.00	11.00	2.50	1.50
Tue - 04/24/2018	Portion Size	Cals	Mg Sodm	G Protn	G Carb	G T-Fat	G S-Fat
BRD: CRACK SS, Bear Grh	Package	130	120	2.00	21.00	4.00	0.00
MILK SS, 1% White 8oz	Carton	100	120	8.00	11.00	2.50	1.50
Wed - 04/25/2018	Portion Size	Cals	Mg Sodm	G Protn	G Carb	G T-Fat	G S-Fat
BRD: CRACK SS, GFishPrtz	Package	90	200	2.00	16.00	1.50	0.00
JUICE SS, Orange 100% 6o	1 Each	80	20	1.00	20.00	0.00	0.00
Thu - 04/26/2018	Portion Size	Cals	Mg Sodm	G Protn	G Carb	G T-Fat	G S-Fat
BRD: CRACK SS, Bug Bites	Package	120	115	2.00	21.00	3.50	1.00
MILK SS, 1% White 8oz	Carton	100	120	8.00	11.00	2.50	1.50
Fri - 04/27/2018	Portion Size	Cals	Mg Sodm	G Protn	G Carb	G T-Fat	G S-Fat
SNACK: CHIP SS, SunchpMi	Package	110	200	2.00	15.00	4.00	0.00
FRUIT: APPLE, Slcd IW 2oz	1 Each	30	0	0.00	7.00	0.00	0.00
Mon - 04/30/2018	Portion Size	Cals	Mg Sodm	G Protn	G Carb	G T-Fat	G S-Fat
BRD: CRACK SS, ScoobyDo	Package	120	115	2.00	21.00	3.50	1.00
MILK SS, 1% White 8oz	Carton	100	120	8.00	11.00	2.50	1.50

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.