

### K-8 Lunch Express (2 Cold Ent)

| Tue - 05/01/2018          | Portion Size | Cals | Mg Sodm | G Protn | G Carb | G T-Fat | G S-Fat |
|---------------------------|--------------|------|---------|---------|--------|---------|---------|
| SUB AP, Ham AM WG NoVe    | Sandwich     | 296  | 1298    | 21.13   | 26.81  | 11.51   | 5.87    |
| SDW BD, SBJ WG 2.0 ALP    | Sandwich     | 632  | 534     | 19.06   | 64.64  | 33.52   | 4.23    |
| VEG: CORN, Fz 1/2c        | 1/2 Cup      | 66   | 1       | 2.09    | 15.80  | 0.55    | 0.08    |
| VEG: SALAD, Side RomMix   | 1/2 Cup      | 6    | 4       | 0.40    | 1.21   | 0.00    | 0.00    |
| FRUIT: APPLE, Slcd IW 2oz | 1 Each       | 30   | 0       | 0.00    | 7.00   | 0.00    | 0.00    |
| COND PC Drsg Ranch 12g    | 1 Each       | 50   | 100     | 0.00    | 1.00   | 5.00    | 1.00    |
| MILK SS, 1% White 8oz     | Carton       | 100  | 120     | 8.00    | 11.00  | 2.50    | 1.50    |
| MILK SS, Skim 8oz         | Carton       | 80   | 120     | 8.00    | 11.00  | 0.00    | 0.00    |
| MILK SS, Skim Chocolate   | Carton       | 110  | 180     | 8.00    | 20.00  | 0.00    | 0.00    |
| COND PC Mayonnaise FF 1   | 1 Each       | 15   | 105     | 0.00    | 3.00   | 0.00    | 0.00    |
| COND PC Mustard 6g        | 1 Each       | 0    | 65      | 0.00    | 1.00   | 0.00    | 0.00    |

| Wed - 05/02/2018          | Portion Size | Cals | Mg Sodm | G Protn | G Carb | G T-Fat | G S-Fat |
|---------------------------|--------------|------|---------|---------|--------|---------|---------|
| SUB AP, Tky AM WG NoVeg   | Sandwich     | 301  | 943     | 22.38   | 28.31  | 11.01   | 5.50    |
| SDW BD, AM WG 2.0         | Sandwich     | 363  | 1297    | 17.74   | 27.40  | 19.42   | 11.53   |
| VEG: SALAD, Potato AP 1/2 | 1/2 Cup      | 220  | 540     | 2.00    | 27.00  | 12.00   | 2.00    |
| VEG: CELERY, Sticks AP 1/ | 1/4 Cup      | 5    | 26      | 0.22    | 0.96   | 0.06    | 0.01    |
| FRUIT: PEARS 135 ct.      | Each(135ct)  | 75   | 1       | 0.47    | 19.95  | 0.18    | 0.03    |
| MILK SS, 1% White 8oz     | Carton       | 100  | 120     | 8.00    | 11.00  | 2.50    | 1.50    |
| MILK SS, Skim 8oz         | Carton       | 80   | 120     | 8.00    | 11.00  | 0.00    | 0.00    |
| MILK SS, Skim Chocolate   | Carton       | 110  | 180     | 8.00    | 20.00  | 0.00    | 0.00    |
| COND PC Mayonnaise FF 1   | 1 Each       | 15   | 105     | 0.00    | 3.00   | 0.00    | 0.00    |
| COND PC Mustard 6g        | 1 Each       | 0    | 65      | 0.00    | 1.00   | 0.00    | 0.00    |

| Thu - 05/03/2018          | Portion Size | Cals | Mg Sodm | G Protn | G Carb | G T-Fat | G S-Fat |
|---------------------------|--------------|------|---------|---------|--------|---------|---------|
| SUB AP, Ham AM WG NoVe    | Sandwich     | 296  | 1298    | 21.13   | 26.81  | 11.51   | 5.87    |
| SDW BD, SBJ WG 2.0 ALP    | Sandwich     | 632  | 534     | 19.06   | 64.64  | 33.52   | 4.23    |
| VEG: CORN, Fz 1/2c        | 1/2 Cup      | 66   | 1       | 2.09    | 15.80  | 0.55    | 0.08    |
| VEG: CARROTS, Baby 1/4c   | 1 Each       | 28   | 68      | 0.00    | 6.00   | 0.00    | 0.00    |
| FRUIT: CUP SS, Applesc Mi | Each (1/2c)  | 50   | 15      | 1.00    | 14.00  | 0.00    | 0.00    |
| MILK SS, 1% White 8oz     | Carton       | 100  | 120     | 8.00    | 11.00  | 2.50    | 1.50    |
| MILK SS, Skim 8oz         | Carton       | 80   | 120     | 8.00    | 11.00  | 0.00    | 0.00    |
| MILK SS, Skim Chocolate   | Carton       | 110  | 180     | 8.00    | 20.00  | 0.00    | 0.00    |
| COND PC Mayonnaise FF 1   | 1 Each       | 15   | 105     | 0.00    | 3.00   | 0.00    | 0.00    |
| COND PC Mustard 6g        | 1 Each       | 0    | 65      | 0.00    | 1.00   | 0.00    | 0.00    |

| Fri - 05/04/2018          | Portion Size | Cals | Mg Sodm | G Protn | G Carb | G T-Fat | G S-Fat |
|---------------------------|--------------|------|---------|---------|--------|---------|---------|
| SUB AP, Tky AM WG NoVeg   | Sandwich     | 301  | 943     | 22.38   | 28.31  | 11.01   | 5.50    |
| SDW BD, AM WG 2.0         | Sandwich     | 363  | 1297    | 17.74   | 27.40  | 19.42   | 11.53   |
| VEG: BROCCOLI, GFP IW     | 1 each       | 16   | 15      | 0.00    | 3.00   | 2.00    | 0.00    |
| VEG: CARROTS, Baby 1/4c   | 1 Each       | 28   | 68      | 0.00    | 6.00   | 0.00    | 0.00    |
| FRUIT: APPLE, 138ct Whole | Each(138ct)  | 62   | 1       | 0.31    | 16.52  | 0.20    | 0.03    |
| MILK SS, 1% White 8oz     | Carton       | 100  | 120     | 8.00    | 11.00  | 2.50    | 1.50    |
| MILK SS, Skim 8oz         | Carton       | 80   | 120     | 8.00    | 11.00  | 0.00    | 0.00    |
| MILK SS, Skim Chocolate   | Carton       | 110  | 180     | 8.00    | 20.00  | 0.00    | 0.00    |
| COND PC Mayonnaise FF 1   | 1 Each       | 15   | 105     | 0.00    | 3.00   | 0.00    | 0.00    |
| COND PC Mustard 6g        | 1 Each       | 0    | 65      | 0.00    | 1.00   | 0.00    | 0.00    |

| Mon - 05/07/2018         | Portion Size | Cals | Mg Sodm | G Protn | G Carb | G T-Fat | G S-Fat |
|--------------------------|--------------|------|---------|---------|--------|---------|---------|
| SUB AP, Tky AM WG NoVeg  | Sandwich     | 301  | 943     | 22.38   | 28.31  | 11.01   | 5.50    |
| SDW BD, AM WG 2.0        | Sandwich     | 363  | 1297    | 17.74   | 27.40  | 19.42   | 11.53   |
| VEG: CORN, Fz 1/2c       | 1/2 Cup      | 66   | 1       | 2.09    | 15.80  | 0.55    | 0.08    |
| VEG: CARROTS, Baby 1/4c  | Each         | 28   | 68      | 0.00    | 6.00   | 0.00    | 0.00    |
| FRUIT: CRAISINS, SS Wate | Box (1.16oz) | 110  | 0       | 0.00    | 28.00  | 0.00    | 0.00    |
| MILK SS, 1% White 8oz    | Carton       | 100  | 120     | 8.00    | 11.00  | 2.50    | 1.50    |
| MILK SS, Skim 8oz        | Carton       | 80   | 120     | 8.00    | 11.00  | 0.00    | 0.00    |
| MILK SS, Skim Chocolate  | Carton       | 110  | 180     | 8.00    | 20.00  | 0.00    | 0.00    |
| COND PC Mayonnaise FF 1  | Each         | 15   | 105     | 0.00    | 3.00   | 0.00    | 0.00    |
| COND PC Mustard 6g       | 1 Each       | 0    | 65      | 0.00    | 1.00   | 0.00    | 0.00    |

| Tue - 05/08/2018        | Portion Size | Cals | Mg Sodm | G Protn | G Carb | G T-Fat | G S-Fat |
|-------------------------|--------------|------|---------|---------|--------|---------|---------|
| SUB AP, Ham AM WG NoVe  | Sandwich     | 296  | 1298    | 21.13   | 26.81  | 11.51   | 5.87    |
| SDW BD, SBJ WG 2.0 ALP  | Sandwich     | 632  | 534     | 19.06   | 64.64  | 33.52   | 4.23    |
| VEG: CORN, Fz 1/2c      | 1/2 Cup      | 66   | 1       | 2.09    | 15.80  | 0.55    | 0.08    |
| VEG: CARROTS, Baby 1/4c | 1 Each       | 28   | 68      | 0.00    | 6.00   | 0.00    | 0.00    |

|                           |             |     |     |      |       |      |      |
|---------------------------|-------------|-----|-----|------|-------|------|------|
| FRUIT: CUP SS, Applesc 1/ | Each (1/2c) | 50  | 15  | 0.00 | 14.00 | 0.00 | 0.00 |
| MILK SS, 1% White 8oz     | Carton      | 100 | 120 | 8.00 | 11.00 | 2.50 | 1.50 |
| MILK SS, Skim Chocolate   | Carton      | 110 | 180 | 8.00 | 20.00 | 0.00 | 0.00 |
| MILK SS, Skim 8oz         | Carton      | 80  | 120 | 8.00 | 11.00 | 0.00 | 0.00 |
| COND PC Mayonnaise FF 1   | Each        | 15  | 105 | 0.00 | 3.00  | 0.00 | 0.00 |
| COND PC Mustard 6g        | 1 Each      | 0   | 65  | 0.00 | 1.00  | 0.00 | 0.00 |

| Wed - 05/09/2018          | Portion Size | Cals | Mg Sodm | G Protn | G Carb | G T-Fat | G S-Fat |
|---------------------------|--------------|------|---------|---------|--------|---------|---------|
| SUB AP, Tky AM WG NoVeg   | Sandwich     | 301  | 943     | 22.38   | 28.31  | 11.01   | 5.50    |
| SDW BD, AM WG 2.0         | Sandwich     | 363  | 1297    | 17.74   | 27.40  | 19.42   | 11.53   |
| VEG: SALAD, Potato AP 1/2 | 1/2 Cup      | 220  | 540     | 2.00    | 27.00  | 12.00   | 2.00    |
| VEG: CELERY, Sticks AP 1/ | 1/4 Cup      | 5    | 26      | 0.22    | 0.96   | 0.06    | 0.01    |
| FRUIT: APPLE, Slcd IW 2oz | 1 Each       | 30   | 0       | 0.00    | 7.00   | 0.00    | 0.00    |
| MILK SS, 1% White 8oz     | Carton       | 100  | 120     | 8.00    | 11.00  | 2.50    | 1.50    |
| MILK SS, Skim 8oz         | Carton       | 80   | 120     | 8.00    | 11.00  | 0.00    | 0.00    |
| MILK SS, Skim Chocolate   | Carton       | 110  | 180     | 8.00    | 20.00  | 0.00    | 0.00    |
| COND PC Mayonnaise FF 1   | Each         | 15   | 105     | 0.00    | 3.00   | 0.00    | 0.00    |
| COND PC Mustard 6g        | 1 Each       | 0    | 65      | 0.00    | 1.00   | 0.00    | 0.00    |

| Thu - 05/10/2018          | Portion Size | Cals | Mg Sodm | G Protn | G Carb | G T-Fat | G S-Fat |
|---------------------------|--------------|------|---------|---------|--------|---------|---------|
| SUB AP, Ham AM WG NoVe    | Sandwich     | 296  | 1298    | 21.13   | 26.81  | 11.51   | 5.87    |
| SDW BD, SBJ WG 2.0 ALP    | Sandwich     | 632  | 534     | 19.06   | 64.64  | 33.52   | 4.23    |
| VEG: BROCCOLI, GFP IW     | 1 each       | 16   | 15      | 0.00    | 3.00   | 2.00    | 0.00    |
| VEG: SALAD, Side RomMix   | 1/2 Cup      | 6    | 4       | 0.40    | 1.21   | 0.00    | 0.00    |
| FRUIT: CUP SS, Applesc Mi | Each (1/2c)  | 50   | 15      | 1.00    | 14.00  | 0.00    | 0.00    |
| COND PC Drsg Ranch 12g    | 1 Each       | 50   | 100     | 0.00    | 1.00   | 5.00    | 1.00    |
| MILK SS, 1% White 8oz     | Carton       | 100  | 120     | 8.00    | 11.00  | 2.50    | 1.50    |
| MILK SS, Skim 8oz         | Carton       | 80   | 120     | 8.00    | 11.00  | 0.00    | 0.00    |
| MILK SS, Skim Chocolate   | Carton       | 110  | 180     | 8.00    | 20.00  | 0.00    | 0.00    |
| COND PC Mayonnaise FF 1   | Each         | 15   | 105     | 0.00    | 3.00   | 0.00    | 0.00    |
| COND PC Mustard 6g        | 1 Each       | 0    | 65      | 0.00    | 1.00   | 0.00    | 0.00    |

| Fri - 05/11/2018          | Portion Size | Cals | Mg Sodm | G Protn | G Carb | G T-Fat | G S-Fat |
|---------------------------|--------------|------|---------|---------|--------|---------|---------|
| SUB AP, Tky AM WG NoVeg   | Sandwich     | 301  | 943     | 22.38   | 28.31  | 11.01   | 5.50    |
| SDW BD, AM WG 2.0         | Sandwich     | 363  | 1297    | 17.74   | 27.40  | 19.42   | 11.53   |
| VEG: SALAD, Bean Three 3/ | 3/4 cup      | 169  | 279     | 8.14    | 24.94  | 4.04    | 0.59    |
| VEG: CARROTS, Baby 1/4c   | 1 Each       | 28   | 68      | 0.00    | 6.00   | 0.00    | 0.00    |
| FRUIT: ORANGE 138ct Who   | Each(138ct)  | 47   | 0       | 0.94    | 11.73  | 0.12    | 0.01    |
| MILK SS, 1% White 8oz     | Carton       | 100  | 120     | 8.00    | 11.00  | 2.50    | 1.50    |
| MILK SS, Skim 8oz         | Carton       | 80   | 120     | 8.00    | 11.00  | 0.00    | 0.00    |
| MILK SS, Skim Chocolate   | Carton       | 110  | 180     | 8.00    | 20.00  | 0.00    | 0.00    |
| COND PC Mayonnaise FF 1   | Each         | 15   | 105     | 0.00    | 3.00   | 0.00    | 0.00    |
| COND PC Mustard 6g        | 1 Each       | 0    | 65      | 0.00    | 1.00   | 0.00    | 0.00    |
| COND PC Drsg French Red   | 1 Each       | 10   | 95      | 0.00    | 3.00   | 0.00    | 0.00    |

| Mon - 05/14/2018          | Portion Size | Cals | Mg Sodm | G Protn | G Carb | G T-Fat | G S-Fat |
|---------------------------|--------------|------|---------|---------|--------|---------|---------|
| SUB AP, Ham AM WG NoVe    | Sandwich     | 296  | 1298    | 21.13   | 26.81  | 11.51   | 5.87    |
| SDW BD, SBJ WG 2.0 ALP    | Sandwich     | 632  | 534     | 19.06   | 64.64  | 33.52   | 4.23    |
| VEG: CORN, Fz 1/2c        | 1/2 Cup      | 66   | 1       | 2.09    | 15.80  | 0.55    | 0.08    |
| VEG: CARROTS, Baby 1/4c   | Each         | 28   | 68      | 0.00    | 6.00   | 0.00    | 0.00    |
| FRUIT: CUP SS, Applesc Ci | Each (1/2c)  | 50   | 15      | 0.00    | 14.00  | 0.00    | 0.00    |
| MILK SS, 1% White 8oz     | Carton       | 100  | 120     | 8.00    | 11.00  | 2.50    | 1.50    |
| MILK SS, Skim 8oz         | Carton       | 80   | 120     | 8.00    | 11.00  | 0.00    | 0.00    |
| MILK SS, Skim Chocolate   | Carton       | 110  | 180     | 8.00    | 20.00  | 0.00    | 0.00    |
| COND PC Mayonnaise FF 1   | Each         | 15   | 105     | 0.00    | 3.00   | 0.00    | 0.00    |
| COND PC Mustard 6g        | 1 Each       | 0    | 65      | 0.00    | 1.00   | 0.00    | 0.00    |

| Tue - 05/15/2018           | Portion Size | Cals | Mg Sodm | G Protn | G Carb | G T-Fat | G S-Fat |
|----------------------------|--------------|------|---------|---------|--------|---------|---------|
| SUB AP, Tky AM WG NoVeg    | Sandwich     | 301  | 943     | 22.38   | 28.31  | 11.01   | 5.50    |
| SDW BD, AM WG 2.0          | Sandwich     | 363  | 1297    | 17.74   | 27.40  | 19.42   | 11.53   |
| VEG: SALAD, Bean Three 3/  | 3/4 cup      | 169  | 279     | 8.14    | 24.94  | 4.04    | 0.59    |
| VEG: CARROTS, Baby 1/4c    | 1 Each       | 28   | 68      | 0.00    | 6.00   | 0.00    | 0.00    |
| JUICE SS, Frt Bld 100% 4oz | 1 Each       | 60   | 10      | 0.00    | 14.00  | 0.00    | 0.00    |
| MILK SS, 1% White 8oz      | Carton       | 100  | 120     | 8.00    | 11.00  | 2.50    | 1.50    |
| MILK SS, Skim 8oz          | Carton       | 80   | 120     | 8.00    | 11.00  | 0.00    | 0.00    |
| MILK SS, Skim Chocolate    | Carton       | 110  | 180     | 8.00    | 20.00  | 0.00    | 0.00    |
| COND PC Mayonnaise FF 1    | Each         | 15   | 105     | 0.00    | 3.00   | 0.00    | 0.00    |
| COND PC Mustard 6g         | 1 Each       | 0    | 65      | 0.00    | 1.00   | 0.00    | 0.00    |

| Wed - 05/16/2018 | Portion Size | Cals | Mg Sodm | G Protn | G Carb | G T-Fat | G S-Fat |
|------------------|--------------|------|---------|---------|--------|---------|---------|
|------------------|--------------|------|---------|---------|--------|---------|---------|

|                         |             |     |      |       |       |       |      |
|-------------------------|-------------|-----|------|-------|-------|-------|------|
| SUB AP, Ham AM WG NoVe  | Sandwich    | 296 | 1298 | 21.13 | 26.81 | 11.51 | 5.87 |
| SDW BD, SBJ WG 2.0 ALP  | Sandwich    | 632 | 534  | 19.06 | 64.64 | 33.52 | 4.23 |
| VEG: SALAD, Side RomMix | 1/2 Cup     | 6   | 4    | 0.40  | 1.21  | 0.00  | 0.00 |
| VEG: CORN, Fz 1/2c      | 1/2 Cup     | 66  | 1    | 2.09  | 15.80 | 0.55  | 0.08 |
| FRUIT: PEARS 135 ct.    | Each(135ct) | 75  | 1    | 0.47  | 19.95 | 0.18  | 0.03 |
| COND PC Drsg Ranch 12g  | 1 Each      | 50  | 100  | 0.00  | 1.00  | 5.00  | 1.00 |
| MILK SS, 1% White 8oz   | Carton      | 100 | 120  | 8.00  | 11.00 | 2.50  | 1.50 |
| MILK SS, Skim 8oz       | Carton      | 80  | 120  | 8.00  | 11.00 | 0.00  | 0.00 |
| MILK SS, Skim Chocolate | Carton      | 110 | 180  | 8.00  | 20.00 | 0.00  | 0.00 |
| COND PC Mayonnaise FF 1 | Each        | 15  | 105  | 0.00  | 3.00  | 0.00  | 0.00 |
| COND PC Mustard 6g      | 1 Each      | 0   | 65   | 0.00  | 1.00  | 0.00  | 0.00 |

| Thu - 05/17/2018          | Portion Size | Cals | Mg Sodm | G Protn | G Carb | G T-Fat | G S-Fat |
|---------------------------|--------------|------|---------|---------|--------|---------|---------|
| SUB AP, Tky AM WG NoVeg   | Sandwich     | 301  | 943     | 22.38   | 28.31  | 11.01   | 5.50    |
| SDW BD, AM WG 2.0         | Sandwich     | 363  | 1297    | 17.74   | 27.40  | 19.42   | 11.53   |
| VEG: BROCCOLI, GFP IW     | each         | 16   | 15      | 0.00    | 3.00   | 2.00    | 0.00    |
| VEG: CARROTS, Baby 1/4c   | 1 Each       | 28   | 68      | 0.00    | 6.00   | 0.00    | 0.00    |
| FRUIT: APPLE, 138ct Whole | Each(138ct)  | 62   | 1       | 0.31    | 16.52  | 0.20    | 0.03    |
| MILK SS, 1% White 8oz     | Carton       | 100  | 120     | 8.00    | 11.00  | 2.50    | 1.50    |
| MILK SS, Skim 8oz         | Carton       | 80   | 120     | 8.00    | 11.00  | 0.00    | 0.00    |
| MILK SS, Skim Chocolate   | Carton       | 110  | 180     | 8.00    | 20.00  | 0.00    | 0.00    |
| COND PC Mayonnaise FF 1   | Each         | 15   | 105     | 0.00    | 3.00   | 0.00    | 0.00    |
| COND PC Mustard 6g        | 1 Each       | 0    | 65      | 0.00    | 1.00   | 0.00    | 0.00    |

| Fri - 05/18/2018          | Portion Size | Cals | Mg Sodm | G Protn | G Carb | G T-Fat | G S-Fat |
|---------------------------|--------------|------|---------|---------|--------|---------|---------|
| SUB AP, Ham AM WG NoVe    | Sandwich     | 296  | 1298    | 21.13   | 26.81  | 11.51   | 5.87    |
| SDW BD, SBJ WG 2.0 ALP    | Sandwich     | 632  | 534     | 19.06   | 64.64  | 33.52   | 4.23    |
| VEG: CARROTS, Baby 1/4c   | 1 Each       | 28   | 68      | 0.00    | 6.00   | 0.00    | 0.00    |
| VEG: CARROTS, Baby 1/4c   | 1 Each       | 28   | 68      | 0.00    | 6.00   | 0.00    | 0.00    |
| VEG: CELERY, Sticks AP 1/ | 1/4 Cup      | 5    | 26      | 0.22    | 0.96   | 0.06    | 0.01    |
| FRUIT: CUP SS, Applesc Pe | Each (1/2c)  | 50   | 15      | 0.00    | 14.00  | 0.00    | 0.00    |
| MILK SS, 1% White 8oz     | Carton       | 100  | 120     | 8.00    | 11.00  | 2.50    | 1.50    |
| MILK SS, Skim 8oz         | Carton       | 80   | 120     | 8.00    | 11.00  | 0.00    | 0.00    |
| MILK SS, Skim Chocolate   | Carton       | 110  | 180     | 8.00    | 20.00  | 0.00    | 0.00    |
| COND PC Mayonnaise FF 1   | Each         | 15   | 105     | 0.00    | 3.00   | 0.00    | 0.00    |
| COND PC Mustard 6g        | 1 Each       | 0    | 65      | 0.00    | 1.00   | 0.00    | 0.00    |

| Mon - 05/21/2018          | Portion Size | Cals | Mg Sodm | G Protn | G Carb | G T-Fat | G S-Fat |
|---------------------------|--------------|------|---------|---------|--------|---------|---------|
| SUB AP, Tky AM WG NoVeg   | Sandwich     | 301  | 943     | 22.38   | 28.31  | 11.01   | 5.50    |
| SDW BD, AM WG 2.0         | Sandwich     | 363  | 1297    | 17.74   | 27.40  | 19.42   | 11.53   |
| VEG: BEANS, Black BBQ 1/  | 1/2 Cup      | 227  | 310     | 11.77   | 42.26  | 1.48    | 0.30    |
| VEG: CARROTS, Baby 1/4c   | 1 Each       | 28   | 68      | 0.00    | 6.00   | 0.00    | 0.00    |
| FRUIT: APPLE, 138ct Whole | Each(138ct)  | 62   | 1       | 0.31    | 16.52  | 0.20    | 0.03    |
| MILK SS, 1% White 8oz     | Carton       | 100  | 120     | 8.00    | 11.00  | 2.50    | 1.50    |
| MILK SS, Skim Chocolate   | Carton       | 110  | 180     | 8.00    | 20.00  | 0.00    | 0.00    |
| MILK SS, Skim 8oz         | Carton       | 80   | 120     | 8.00    | 11.00  | 0.00    | 0.00    |
| COND PC Mayonnaise FF 1   | Each         | 15   | 105     | 0.00    | 3.00   | 0.00    | 0.00    |
| COND PC Mustard 6g        | 1 Each       | 0    | 65      | 0.00    | 1.00   | 0.00    | 0.00    |

| Tue - 05/22/2018          | Portion Size | Cals | Mg Sodm | G Protn | G Carb | G T-Fat | G S-Fat |
|---------------------------|--------------|------|---------|---------|--------|---------|---------|
| SUB AP, Ham AM WG NoVe    | Sandwich     | 296  | 1298    | 21.13   | 26.81  | 11.51   | 5.87    |
| SDW BD, SBJ WG 2.0 ALP    | Sandwich     | 632  | 534     | 19.06   | 64.64  | 33.52   | 4.23    |
| VEG: CORN, Fz 1/2c        | 1/2 Cup      | 66   | 1       | 2.09    | 15.80  | 0.55    | 0.08    |
| VEG: CARROTS, Baby 1/4c   | 1 Each       | 28   | 68      | 0.00    | 6.00   | 0.00    | 0.00    |
| FRUIT: CUP SS, Applesc Pe | Each (1/2c)  | 50   | 15      | 1.00    | 14.00  | 0.00    | 0.00    |
| MILK SS, 1% White 8oz     | Carton       | 100  | 120     | 8.00    | 11.00  | 2.50    | 1.50    |
| MILK SS, Skim Chocolate   | Carton       | 110  | 180     | 8.00    | 20.00  | 0.00    | 0.00    |
| MILK SS, Skim 8oz         | Carton       | 80   | 120     | 8.00    | 11.00  | 0.00    | 0.00    |
| COND PC Mayonnaise FF 1   | Each         | 15   | 105     | 0.00    | 3.00   | 0.00    | 0.00    |
| COND PC Mustard 6g        | 1 Each       | 0    | 65      | 0.00    | 1.00   | 0.00    | 0.00    |

| Wed - 05/23/2018          | Portion Size | Cals | Mg Sodm | G Protn | G Carb | G T-Fat | G S-Fat |
|---------------------------|--------------|------|---------|---------|--------|---------|---------|
| SUB AP, Tky AM WG NoVeg   | Sandwich     | 301  | 943     | 22.38   | 28.31  | 11.01   | 5.50    |
| SDW BD, AM WG 2.0         | Sandwich     | 363  | 1297    | 17.74   | 27.40  | 19.42   | 11.53   |
| VEG: BROCCOLI, GFP IW     | each         | 16   | 15      | 0.00    | 3.00   | 2.00    | 0.00    |
| VEG: CELERY, Sticks AP 1/ | 1/4 Cup      | 5    | 26      | 0.22    | 0.96   | 0.06    | 0.01    |
| FRUIT: CUP SS, Applesc 1/ | Each (1/2c)  | 50   | 15      | 0.00    | 14.00  | 0.00    | 0.00    |
| MILK SS, 1% White 8oz     | Carton       | 100  | 120     | 8.00    | 11.00  | 2.50    | 1.50    |
| MILK SS, Skim 8oz         | Carton       | 80   | 120     | 8.00    | 11.00  | 0.00    | 0.00    |
| MILK SS, Skim Chocolate   | Carton       | 110  | 180     | 8.00    | 20.00  | 0.00    | 0.00    |

|                         |        |    |     |      |      |      |      |
|-------------------------|--------|----|-----|------|------|------|------|
| COND PC Mayonnaise FF 1 | Each   | 15 | 105 | 0.00 | 3.00 | 0.00 | 0.00 |
| COND PC Mustard 6g      | 1 Each | 0  | 65  | 0.00 | 1.00 | 0.00 | 0.00 |

| Thu - 05/24/2018        | Portion Size | Cals | Mg Sodm | G Protn | G Carb | G T-Fat | G S-Fat |
|-------------------------|--------------|------|---------|---------|--------|---------|---------|
| SUB AP, Ham AM WG NoVe  | Sandwich     | 296  | 1298    | 21.13   | 26.81  | 11.51   | 5.87    |
| SDW BD, SBJ WG 2.0 ALP  | Sandwich     | 632  | 534     | 19.06   | 64.64  | 33.52   | 4.23    |
| VEG: CORN, Fz 1/2c      | 1/2 Cup      | 66   | 1       | 2.09    | 15.80  | 0.55    | 0.08    |
| VEG: SALAD, Side RomMix | 1/2 Cup      | 6    | 4       | 0.40    | 1.21   | 0.00    | 0.00    |
| COND PC Drsg Ranch 12g  | 1 Each       | 50   | 100     | 0.00    | 1.00   | 5.00    | 1.00    |
| FRUIT: ORANGE 138ct Who | Each(138ct)  | 47   | 0       | 0.94    | 11.73  | 0.12    | 0.01    |
| MILK SS, 1% White 8oz   | Carton       | 100  | 120     | 8.00    | 11.00  | 2.50    | 1.50    |
| MILK SS, Skim 8oz       | Carton       | 80   | 120     | 8.00    | 11.00  | 0.00    | 0.00    |
| MILK SS, Skim Chocolate | Carton       | 110  | 180     | 8.00    | 20.00  | 0.00    | 0.00    |
| COND PC Mayonnaise FF 1 | Each         | 15   | 105     | 0.00    | 3.00   | 0.00    | 0.00    |
| COND PC Mustard 6g      | 1 Each       | 0    | 65      | 0.00    | 1.00   | 0.00    | 0.00    |

| Fri - 05/25/2018          | Portion Size | Cals | Mg Sodm | G Protn | G Carb | G T-Fat | G S-Fat |
|---------------------------|--------------|------|---------|---------|--------|---------|---------|
| SUB AP, Tky AM WG NoVeg   | Sandwich     | 301  | 943     | 22.38   | 28.31  | 11.01   | 5.50    |
| SDW BD, AM WG 2.0         | Sandwich     | 363  | 1297    | 17.74   | 27.40  | 19.42   | 11.53   |
| VEG: SALAD, Potato AP 1/2 | 1/2 Cup      | 220  | 540     | 2.00    | 27.00  | 12.00   | 2.00    |
| VEG: CARROTS, Baby 1/4c   | 1 Each       | 28   | 68      | 0.00    | 6.00   | 0.00    | 0.00    |
| FRUIT: PEARS 135 ct.      | Each(135ct)  | 75   | 1       | 0.47    | 19.95  | 0.18    | 0.03    |
| MILK SS, 1% White 8oz     | Carton       | 100  | 120     | 8.00    | 11.00  | 2.50    | 1.50    |
| MILK SS, Skim 8oz         | Carton       | 80   | 120     | 8.00    | 11.00  | 0.00    | 0.00    |
| MILK SS, Skim Chocolate   | Carton       | 110  | 180     | 8.00    | 20.00  | 0.00    | 0.00    |
| COND PC Mayonnaise FF 1   | Each         | 15   | 105     | 0.00    | 3.00   | 0.00    | 0.00    |
| COND PC Mustard 6g        | 1 Each       | 0    | 65      | 0.00    | 1.00   | 0.00    | 0.00    |

| Tue - 05/29/2018          | Portion Size | Cals | Mg Sodm | G Protn | G Carb | G T-Fat | G S-Fat |
|---------------------------|--------------|------|---------|---------|--------|---------|---------|
| SDW GRAH, PBJ GrpHFCS     | 1 Each       | 300  | 220     | 9.00    | 32.00  | 17.00   | 3.50    |
| VEG: CORN, Fz 1/2c        | 1/2 Cup      | 66   | 1       | 2.09    | 15.80  | 0.55    | 0.08    |
| VEG: CARROTS, Baby 1/4c   | 1 Each       | 28   | 68      | 0.00    | 6.00   | 0.00    | 0.00    |
| FRUIT: CUP SS, Applesc ST | Each (1/2c)  | 50   | 15      | 0.00    | 14.00  | 0.00    | 0.00    |
| MILK SS, 1% White 8oz     | Carton       | 100  | 120     | 8.00    | 11.00  | 2.50    | 1.50    |
| MILK SS, Skim 8oz         | Carton       | 80   | 120     | 8.00    | 11.00  | 0.00    | 0.00    |
| MILK SS, Skim Chocolate   | Carton       | 110  | 180     | 8.00    | 20.00  | 0.00    | 0.00    |
| COND PC Mayonnaise FF 1   | 1 Each       | 15   | 105     | 0.00    | 3.00   | 0.00    | 0.00    |
| COND PC Mustard 6g        | 1 Each       | 0    | 65      | 0.00    | 1.00   | 0.00    | 0.00    |

| Wed - 05/30/2018          | Portion Size | Cals | Mg Sodm | G Protn | G Carb | G T-Fat | G S-Fat |
|---------------------------|--------------|------|---------|---------|--------|---------|---------|
| SUB AP, Ham AM WG NoVe    | Sandwich     | 296  | 1298    | 21.13   | 26.81  | 11.51   | 5.87    |
| SDW BD, SBJ WG 2.0 ALP    | Sandwich     | 632  | 534     | 19.06   | 64.64  | 33.52   | 4.23    |
| VEG: CORN, Fz 1/2c        | 1/2 Cup      | 66   | 1       | 2.09    | 15.80  | 0.55    | 0.08    |
| VEG: CARROTS, Baby 1/4c   | Each         | 28   | 68      | 0.00    | 6.00   | 0.00    | 0.00    |
| FRUIT: CRAISINS, SS Origi | Box (1.16oz) | 110  | 0       | 0.00    | 28.00  | 0.00    | 0.00    |
| MILK SS, 1% White 8oz     | Carton       | 100  | 120     | 8.00    | 11.00  | 2.50    | 1.50    |
| MILK SS, Skim 8oz         | Carton       | 80   | 120     | 8.00    | 11.00  | 0.00    | 0.00    |
| MILK SS, Skim Chocolate   | Carton       | 110  | 180     | 8.00    | 20.00  | 0.00    | 0.00    |
| COND PC Mayonnaise FF 1   | 1 Each       | 15   | 105     | 0.00    | 3.00   | 0.00    | 0.00    |
| COND PC Mustard 6g        | 1 Each       | 0    | 65      | 0.00    | 1.00   | 0.00    | 0.00    |

| Thu - 05/31/2018          | Portion Size | Cals | Mg Sodm | G Protn | G Carb | G T-Fat | G S-Fat |
|---------------------------|--------------|------|---------|---------|--------|---------|---------|
| SUB AP, Tky AM WG NoVeg   | Sandwich     | 301  | 943     | 22.38   | 28.31  | 11.01   | 5.50    |
| SDW BD, AM WG 2.0         | Sandwich     | 363  | 1297    | 17.74   | 27.40  | 19.42   | 11.53   |
| VEG: CORN, Fz 1/4c        | 1/4 Cup      | 33   | 0       | 1.04    | 7.90   | 0.27    | 0.04    |
| VEG: CELERY, Sticks AP 1/ | 1/2 Cup      | 10   | 52      | 0.45    | 1.93   | 0.11    | 0.03    |
| FRUIT: APPLE, 138ct GFP 1 | Each(138ct)  | 62   | 0       | 0.00    | 17.09  | 0.00    | 0.00    |
| MILK SS, 1% White 8oz     | Carton       | 100  | 120     | 8.00    | 11.00  | 2.50    | 1.50    |
| MILK SS, Skim 8oz         | Carton       | 80   | 120     | 8.00    | 11.00  | 0.00    | 0.00    |
| MILK SS, Skim Chocolate   | Carton       | 110  | 180     | 8.00    | 20.00  | 0.00    | 0.00    |
| COND PC Mayonnaise FF 1   | 1 Each       | 15   | 105     | 0.00    | 3.00   | 0.00    | 0.00    |
| COND PC Mustard 6g        | 1 Each       | 0    | 65      | 0.00    | 1.00   | 0.00    | 0.00    |

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

