

After School Snacks w/out Milk

Fri - 09/01/2017	Portion Size	Cals	Mg Sodm	G Protn	G Carb	G T-Fat	G S-Fat
BRD: CRACK SS, Bear Grhm FRUIT: APPLE, 138ct Whole 1	Package Each(138ct)	130 62	100 1	2.00 0.31	20.00 16.52	4.00 0.20	0.00 0.03
Sun - 09/03/2017	Portion Size	Cals	Mg Sodm	G Protn	G Carb	G T-Fat	G S-Fat
BRD: BAR, BtyCr ChocChipOa JUICE SS, Frit Bld 100% 6oz C	1 Each 1 Each	150 90	105 20	2.00 0.00	24.00 21.00	5.00 0.00	1.00 0.00
Tue - 09/05/2017	Portion Size	Cals	Mg Sodm	G Protn	G Carb	G T-Fat	G S-Fat
BRD: CRACK SS, GFishChd.7 JUICE SS, Apple 100% 6oz C	Package 1 Each	100 80	170 20	3.00 0.00	14.00 20.00	3.50 0.00	1.00 0.00
Wed - 09/06/2017	Portion Size	Cals	Mg Sodm	G Protn	G Carb	G T-Fat	G S-Fat
BRD: CRACK SS, Lil' Squares JUICE SS, Orange 100% 6oz	Package 1 Each	130 80	150 20	2.00 1.00	24.00 20.00	3.00 0.00	0.00 0.00
Thu - 09/07/2017	Portion Size	Cals	Mg Sodm	G Protn	G Carb	G T-Fat	G S-Fat
BRD: CRACK SS, GFishPrtz JUICE SS, Frit Bld 100% 6oz C	Package Each	90 90	200 20	2.00 0.00	16.00 21.00	1.50 0.00	0.00 0.00
Fri - 09/08/2017	Portion Size	Cals	Mg Sodm	G Protn	G Carb	G T-Fat	G S-Fat
BRD: BAR, NutriGr ApCin1.3 FRUIT: APPLE, 138ct Whole 1	1 Each Each(138ct)	120 62	110 1	2.00 0.31	24.00 16.52	3.00 0.20	0.50 0.03
Mon - 09/11/2017	Portion Size	Cals	Mg Sodm	G Protn	G Carb	G T-Fat	G S-Fat
BRD: CRACK SS, Animal WG JUICE SS, Orange 100% 6oz	Package 1 Each	130 80	110 20	2.00 1.00	21.00 20.00	4.00 0.00	1.00 0.00
Tue - 09/12/2017	Portion Size	Cals	Mg Sodm	G Protn	G Carb	G T-Fat	G S-Fat
BRD: CRACK SS, Chz-It WG JUICE SS, Apple 100% 6oz C	Package 1 Each	100 80	150 20	2.00 0.00	14.00 20.00	3.50 0.00	1.00 0.00
Wed - 09/13/2017	Portion Size	Cals	Mg Sodm	G Protn	G Carb	G T-Fat	G S-Fat
BRD: BAR, Cereal FityCh WG JUICE SS, Orange 100% 6oz	1 Each 1 Each	150 80	105 20	2.00 1.00	30.00 20.00	3.00 0.00	0.50 0.00
Thu - 09/14/2017	Portion Size	Cals	Mg Sodm	G Protn	G Carb	G T-Fat	G S-Fat
BRD: MUF AP, Blueb 2ozWG (JUICE SS, Apple 100% 6oz C	Muffin 1 Each	190 80	130 20	3.00 0.00	31.00 20.00	6.00 0.00	2.00 0.00
Fri - 09/15/2017	Portion Size	Cals	Mg Sodm	G Protn	G Carb	G T-Fat	G S-Fat
BRD: CRACK SS, Bear Grhm FRUIT: PEARS 100ct Whole 1	Package Each(100ct)	120 101	85 2	2.00 0.64	20.00 26.96	4.00 0.25	0.00 0.04
Mon - 09/18/2017	Portion Size	Cals	Mg Sodm	G Protn	G Carb	G T-Fat	G S-Fat
BRD: CRACK SS, GFishChd.7 JUICE SS, Apple 100% 6oz C	Package 1 Each	100 80	170 20	3.00 0.00	14.00 20.00	3.50 0.00	1.00 0.00
Tue - 09/19/2017	Portion Size	Cals	Mg Sodm	G Protn	G Carb	G T-Fat	G S-Fat
BRD: CRACK SS, Animal WG JUICE SS, Orange 100% 6oz	Package 1 Each	130 80	110 20	2.00 1.00	21.00 20.00	4.00 0.00	1.00 0.00
Wed - 09/20/2017	Portion Size	Cals	Mg Sodm	G Protn	G Carb	G T-Fat	G S-Fat
BRD: BAR, BtyCr Butrscth Oat JUICE SS, Frit Bld 100% 6oz C	1 Each 1 Each	150 90	120 20	2.00 0.00	23.00 21.00	5.00 0.00	1.50 0.00
Thu - 09/21/2017	Portion Size	Cals	Mg Sodm	G Protn	G Carb	G T-Fat	G S-Fat
BRD: CRACK SS, Chz-It WG JUICE SS, Orange 100% 6oz	Package 1 Each	100 80	150 20	2.00 1.00	14.00 20.00	3.50 0.00	1.00 0.00
Fri - 09/22/2017							

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	Portion Size	Cals	Mg Sodm	G Protn	G Carb	G T-Fat	G S-Fat
BRD: CRACK SS, ScoobyDoo	Package	120	115	2.00	21.00	3.50	1.00
FRUIT: PEARS 100ct Whole 1	Each(100ct)	101	2	0.64	26.96	0.25	0.04
Mon - 09/25/2017							
	Portion Size	Cals	Mg Sodm	G Protn	G Carb	G T-Fat	G S-Fat
BRD: CRACK SS, Jungle WG	Package	130	95	2.00	20.00	4.00	0.00
JUICE SS, Frt Bld 100% 6oz C	1 Each	90	20	0.00	21.00	0.00	0.00
Tue - 09/26/2017							
	Portion Size	Cals	Mg Sodm	G Protn	G Carb	G T-Fat	G S-Fat
BRD: CRACK SS, Bear Grhm	Package	130	120	2.00	21.00	4.00	0.00
JUICE SS, Apple 100% 6oz C	1 Each	80	20	0.00	20.00	0.00	0.00
Wed - 09/27/2017							
	Portion Size	Cals	Mg Sodm	G Protn	G Carb	G T-Fat	G S-Fat
BRD: CRACK SS, GFishPrtz .	Package	90	200	2.00	16.00	1.50	0.00
JUICE SS, Orange 100% 6oz	1 Each	80	20	1.00	20.00	0.00	0.00
Thu - 09/28/2017							
	Portion Size	Cals	Mg Sodm	G Protn	G Carb	G T-Fat	G S-Fat
BRD: CRACK SS, Bug Bites C	Package	120	115	2.00	21.00	3.50	1.00
JUICE SS, Frt Bld 100% 6oz C	Each	90	20	0.00	21.00	0.00	0.00
Fri - 09/29/2017							
	Portion Size	Cals	Mg Sodm	G Protn	G Carb	G T-Fat	G S-Fat
SNACK: CHIP SS, SunchpMix	Package	110	200	2.00	15.00	4.00	0.00
FRUIT: APPLE, 138ct Whole 1	Each(138ct)	62	1	0.31	16.52	0.20	0.03

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient
 * - denotes combined nutrient totals with either missing or incomplete nutrient data

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.